

Toolbox Safety Talks

Substance Abuse

- **1)** What are the hazards involved with substance abuse?
 - a. Substance abuse on the job is an immediate hazard to the user and to co-workers
 - b. Certain drugs can cause drowsiness, affect thinking ability, and impair motor skills and reaction time
 - c. Substance abuse can lead to loss of job, family, friends, or even life
- **2)** What signs of substance abuse should you be aware of?
 - a. Changes in behavior and/or work performance
 - b. Increased absences, depression or anxiety
 - c. Changes in personal appearance
 - d. Any evidence of current substance abuse such as slurred speech and frequent stumbling
- **3)** What safe practices should be used when dealing with substance abuse at your site?
 - a. Ensure employees are aware of the company's policies and procedures regarding substance abuse
 - b. Educate employees about substance abuse and its effects
 - c. Offer training that will help employees recognize the symptoms of substance abuse
 - d. Offer advanced training to supervisors
 - e. Establish an employee assistance program
 - f. Promote a zero tolerance policy
 - g. Screen all new employees
 - h. Implement random testing of all employees
 - i. Enforce mandatory testing for all employees involved in accidents
- **4)** Who here knows someone on drugs? How does it negatively affect them and their work?
- **5)** Are we doing a good job in preventing substance abuse at our work site?
- **6)** Is there a way to improve our substance abuse program?
- **7)** Does anyone know someone who has been seriously injured due to substance abuse?



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8) Are there any other safety issues that you would like to talk about?

<u>Make Time for Safety, Everyday!</u> – Yes, production is important, *but the focus must be on Safe Production!* Keep that in the back of your mind. Don't take risky chances and stay out of harm's way. Nobody goes to work thinking 'I'm going to get hurt or killed on the job, today!' But every day 15,000-17,000 workers suffer disabling injuries on the job and another 11-17 are killed. What are you doing to make sure it doesn't happen on your shift?

Keep stoking the fire; we can't let the 'Safety Train' run out of steam!

Date Presented:	Presented By:	
Attendance Sheet		



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