

## **Toolbox Safety Talks**

## **Hearing Protection**

- 1) What are the hazards/injuries involved with not wearing hearing protection?
  - a. Hearing loss which is an injury that will last a lifetime
- **2)** What hazards should be recognized?
  - a. Loud job processes
  - b. Proper ear protection
  - c. Proper insertion of hearing protection
- **3)** What safe practices should be used with hearing protection?
  - a. You do not have to be using noisy equipment to be affected by it, just be in the vicinity
  - b. If you have to shout to be heard then the noise level can be regarded as high enough to warrant the wearing of ear protection
  - c. Wear ear protection at all times when exposed to a noise hazard (obey noise hazard warning signs)
  - d. If ear plugs are used ensure they are a good fit, are fitted properly, and are kept clean
  - e. Use disposable ear plugs only once
  - f. Ensure hands are clean when handling all types of ear protection, and store ear protection in a clean environment
  - g. Do not alter pressure of ear defenders by bending the band
  - h. Report any damaged, lost or unserviceable ear protection immediately
  - i. Ear muffs must be a good fit, particularly where the seal fits the head, and must be worn the correct way around
- 4) Is there anywhere at our site where ear protection is not required, and it should be?
- **5)** Any ideas on how we can eliminate noise at our site?
- **6)** Can someone demonstrate the proper way to insert earplugs?
- **7)** Does everyone have hearing protection?
- **8)** Who here has hearing problems? Why?
- **9)** Are there any other safety issues you would like to discuss?



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Make Time for Safety, Everyday! – Yes, production is important, but the focus must be on Safe Production! Keep that in the back of your mind. Don't take risky chances and stay out of harm's way. Nobody goes to work thinking 'I'm going to get hurt or killed on the job, today!' But every day 15,000-17,000 workers suffer disabling injuries on the job and another 11-17 are killed. What are you doing to make sure it doesn't happen on your shift?

Keep stoking the fire; we can't let the 'Safety Train' run out of steam!

| Date Presented:  | Presented By: |  |
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| Attendance Sheet |               |  |
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