

Dear valued partner,

As we approach the end of the year, it's crucial to keep safety at the forefront of our minds. This month's safety focus is on slips, trips, and falls – common incidents that can lead to serious injuries if not addressed proactively.

Slips/falls on ice have already started for the year. Consider putting garbage cans with salt/kitty litter/anti-skid in your parking lots and by your sidewalks for the winter!

SLIPS / TRIPS / FALLS



***Bonus Topic: NEW OSHA Reporting Guidelines start Jan 2024.**

(Missed a previous email? [Click here](#) to see an archive of previous month's safety emails on Rockwood's Loss Control website.)

WHY SLIPS / TRIPS / FALLS ARE SO IMPORTANT

- So far in 2023, 16% of claims received by Rockwood Casualty have been slip/trip/fall incidents. As the winter season approaches and slippery, outdoor surfaces are more prevalent, this number could increase!



- According to the National Safety Council, in 2021, [680 workers died, and in 2020 49,250 were injured](#) due to falls from elevation. **All of these deaths are preventable.**



SAFETY TIPS FOR SLIPS / TRIPS / FALLS

Rockwood Resources:

- [Rockwood Toolbox Talk – Equipment Maintenance \(Falls\)](#)
- [Rockwood Toolbox Talk – Winter Snow Removal Safety](#)
- [Rockwood Toolbox Talk – Tight Working Areas](#)
- [Rockwood Toolbox Talk – Housekeeping](#)
- [Ice and Snow Penguin Walk](#)
- [Daily Winter to do Safety List](#)
- [Winter – Give Attention](#)

- You can find additional Rockwood Toolbox Talks [here](#).
- [Contact us](#) to receive a **Slips, Trips and Falls Prevention Program Template** for your company.

MSHA, OSHA and other Resources:

- [Walking-Working Surfaces Standard](#) | OSHA (Occupational Safety & Health Administration)
- [5-Minute Safety Talk – Slips, Trips, & Falls](#) (English & Spanish) | National Safety Council
- [PowerPoint from OSHA on Slips, Trips & Falls](#) (download) | OSHA
- [Slip, Trip and Fall Prevention for Mining](#) | Centers for Disease Control and Prevention (CDC)
 - [Preventing Slips, Trips, and Falls from Mobile Equipment](#)
 - [Eliminate slip, trip and fall hazards in the Environment](#)
- [Slip, Trips, and Falls Poster](#) | National Safety Council
- The Pennsylvania Bureau of Workers' Compensation, Health & Safety Division offers numerous FREE safety webinars. To access the PATHS Training Calendar visit www.dli.pa.gov/paths



[Ice Cleats for Every Job Task](#)

Winter Walking has been helping North America's largest companies reduce winter slips and falls for more than 40 years. If you work outside all day on ice and snow or spend your day transitioning from indoors to outdoors, we have the [best ice cleat](#) for you.



Learn more about [SLIPS / TRIPS / FALLS](#) on Streamery

Every Rockwood policy includes access to Streamery, a vast safety library with videos, quizzes and more resources to help you promote safety in your workplace. If you don't have access, contact us to get a username. Enter the SKU number below to find the recommended video.

Watch [Streamery](#) videos on [SLIPS / TRIPS / FALLS SAFETY](#):

- **I Can't Get No Traction:** 4 min / SKU: 2913 / English
- **Slips, Trips & Falls Prevention:** 10 min / SKU: 2832 + 2832-S / English & Spanish
- **Slips, Trips & Falls:** 6 min / SKU: 3552 / English
- **Fall Factors: Understanding & Preventing Slips, Trips & Falls - Concise:** 12 min / SKU: 2879 + 2879-S / English & Spanish
- **Many more on Streamery**

Bonus Topic:

OSHA's Final Rule on Recordkeeping

Starting January 1, 2024, OSHA's Revised Rule on Annual Injury and Illness Data submission will be implemented. See the final rule [here](#).

[OSHA Fact Sheet on Improving Tracking of Workplace Injuries and Illnesses](#)
[Frequently Asked Questions](#)

The New Requirements

- Certain establishments must electronically submit to OSHA detailed information about each recordable injury and illness entered on their previous calendar year's OSHA 300 Log and 301 Incident Report forms ([29 CFR 1904.41](#)). This includes the date, physical location, and severity of the injury or illness; details about the worker who was injured; and details about how the injury or illness occurred.
- Only establishments with 100 or more employees in designated industries are required to submit case-specific information from the OSHA Form 300 Log and the OSHA Form 301 Incident Report.
 - Establishments that had a peak employment of 100 or more employees during the previous calendar year meet this size criteria.
 - The designated industries are listed in [Appendix B to Subpart E of 29 C.F.R. Part 1904](#).
 - One way to determine if your establishment(s) is required to report these data is by using our [ITA Coverage Application](#).
 - The requirements apply to establishments covered by Federal OSHA, as well as establishments covered by states with their own occupational safety and health programs (i.e., State Plans).
- The data must be electronically submitted through OSHA's [Injury Tracking Application \(ITA\)](#). There are 3 ways to submit the data: (1) webform on the ITA, (2) submission of a csv file to the ITA, or (3) use of an application programming interface (API) feed. The ITA will begin accepting 2023 injury and illness data on January 2, 2024. The due date to complete this submission is March 2, 2024. The submission requirement is annual, and the deadline for timely submission of the previous year's injury and illness data will be on March 2 of each year.

[Benefits of the New Requirements](#)



Don't forget that Rockwood Casualty is providing **FREE** high visibility seatbelt covers to our insured to assist in enforcement of seatbelt use by employees. Please contact

safetysolutions@rockwoodcasualty.com to make a request for your company and specify orange or yellow.



Questions? Feel free to reach out: As always, your Rockwood partners are available to answer your questions and help you promote safety in the workplace. Contact Rockwood Loss Control for any support you need.



#RockwoodSafetySolutions #LossControl #SafetyTips

Thank you for your continued partnership,

Rockwood Loss Control Team
Safetysolutions@rockwoodcasualty.com